



PROJECT CONSORTIUM

The project consortium comprises a multidisciplinary team that includes legal, social, and medical research organizations, learning and media education specialists, and ICT communication experts.

Coordinator:

KU LEUVEN

KATHOLIEKE UNIVERSITEIT LEUVEN

Leuven Institute of Criminology
(Belgium)

Partners:



INTEGRA INSTITUT

Institute for Development
of Human Potentials
(Slovenia)



MEDRI

Department of psychiatry and
psychological medicine, Faculty
of medicine, University of Rijeka
(Croatia)



QUALED

QUALification and EDucation
(Slovakia)



WIN

Science Initiative
Lower Austria
(Austria)



GUNET

Greek Universities Network
(Greece)



MFH Bochum

Medical Aid
to Refugees Bochum
(Germany)



Post-traumatic Integration

Low-level Psychosocial Support
and Intervention for Refugees

PROJECT INFO

EU Programme: Erasmus +

Key Action:

Cooperation for innovation and the exchange
of good practices

Action Type:

Strategic Partnerships for vocational education
and training

Topics:

Post-conflict/post-disaster rehabilitation;
Migrants rights; Vulnerabilities; Special Needs

Website:

www.posttraumatic-integration.eu



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BACKGROUND

Research findings tell us that around half of the refugees who arrive in Europe are experiencing psychological distress resulting from trauma. As many as half of those refugees could be suffering from post-traumatic problems, including post-traumatic stress disorder (PTSD).

These post-traumatic consequences are often overlooked, simply because most front-liners - people in direct contact with arriving asylum seekers like aid workers, educators, etc. - are not aware of them and/or do not have a background as psychiatrists/psychologists.

Training of competent providers is therefore crucial in overcoming these challenges.

OBJECTIVES

To enable non-specialist refugee-care providers to identify and to give low-level psychosocial support and early low-level mental health interventions to refugees with post-traumatic problems (and PTSD).

PROJECT OUTPUTS

1 Needs Assessment Report

Elaboration of a needs analysis and description of the most recent situation of refugees and migrants in the seven project countries; integration of all country reports into one comprehensive needs assessment report. The report will serve as one tool for raising the awareness and will lay the foundation for a dense network of strategic collaboration partners.

2 Awareness Raising Guidelines

Development of a practical tool to inform and support in a comprehensive way people working with refugees with traumatic backgrounds.

3 Post-traumatic Action Sheets

Will contain recommendations and key actions for meeting the needs of refugees and migrants, as well as brief modules on the assessment and management of post-traumatic problems (including PTSD). They will offer a modular range of awareness raising, training and demonstration materials.

4 The Post-traumatic Integration e-Platform

Will support the online delivery of the tools developed by the project and will offer additional interactive tools such as forums, blogs and social network applications.

5 Post-traumatic Integration mobile applications

The project will adapt selected online materials from the Guidelines and Action Sheets in a pedagogically sound way into integrated apps for smartphones and mobile devices.



TARGET GROUPS

The Post-traumatic Integration project target groups and stakeholders include:

- **Persons without psychiatric or psychological education**, who are working on a contractual or voluntary basis with refugees (e.g. social and medical services, youth workers, etc);
- **Language teachers and trainers**; primary and secondary school teachers with pupils coming from refugee or migration background, as well as educators for adults;
- **Organizations** dealing with the reception and/or administration of refugees and asylum seekers

